Morning & Evening Prayer

Christ First Baptist Church Prayer Guide

(Easter - Pentecost - June 2024)

90 Days of Prayer

Introduction	1
Morning Prayer	3
Evening Prayer	8
Table of Readings	12
Table of Psalms	15

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Introduction

This booklet is a simplified Book of Prayer to assist you in establishing a Rule of Prayer in your life. A Prayer Rule is a routine that incorporates prayers, Psalms, the reading of scripture, confession and thanksgiving into the hours of your day. There are many methods and versions of Prayer Rules throughout the Christian world. Hopefully this one helps you create your own routine, or one you can share with others. David prayed seven times daily, Daniel prayed three times, and Paul told us to pray without ceasing.

Our guide will focus on two prayer times - **Morning** and **Evening Prayer**. Below we'll describe how to use this booklet.

Simply pray through the sections of Morning or Evening Prayer or both, and when you get to the Table of Readings (beginning on pg 12), choose the day you are on, and you'll see the following:

Day	Morning Prayer		Evening Prayer	
April 1	Leviticus 2	Proverbs 27	Luke 9:28-48	Romans 11:17-e

Each cell lists the Old Testament and New Testament reading with at least one passage from the Gospels every day.

The Psalms are divided into 30 days. Any month with a 31st day would repeat day 30. The Table of Psalms looks like the below:

Day	Morning Prayer	Evening Prayer
1	1, 2, 3, 4, 5	6, 7, 8

Together, we will pray through the Easter season, the Ascension and Pentecost on our journey through Christ's victory.

The Lord bless you and keep you;
the Lord make his face to shine upon you and be gracious to you;
the Lord lift up his countenance upon you and give you peace.

Numbers 6:24-26

Morning Prayer

During The Season of Easter (March 31 - May 19)

Alleluia! Christ is risen. The Lord is risen indeed. Alleluia!

This is the day which the Lord hath made; we will rejoice and be glad in it. Psalm 118:24

During The Season After Easter (May 20 - June 30)

Grace be unto you, and peace, from God our Father, and from the Lord Jesus Christ. Philippians 1:2

Confession

Let us confess our sins...

Almighty and most merciful Father,

we have erred and strayed from your ways like lost sheep.

We have followed too much the devices and desires of our own hearts.

We have offended against your holy laws.

We have left undone those things which we ought to have done, and we have done those things which we ought not to have done; and apart from your grace, there is no health in us.

O Lord, have mercy upon us miserable offenders.

Spare all those who confess their faults.

Restore all those who are penitent, according to your promises declared to all people in Christ Jesus our Lord.

And grant, O most merciful Father, for his sake, that we may now live a godly, righteous, and sober life, to the glory of your holy Name. Amen.

(Morning Prayer cont.) Invitation Psalm

Read the Venite

Psalm 95

psalms.

O come, let us sing unto the Lord; let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving and show ourselves glad in him with

For the Lord is a great God and a great King above all gods.

In his hand are all the depths of the earth, and the heights of the hills are his also.

The sea is his, for he made it, and his hands prepared the dry land.

O come, let us worship and fall down, and kneel before the Lord our Maker. For he is the Lord our God, and we are the people of his pasture, and the sheep of his hand.

Today, if you will hear his voice, harden not your hearts

as in the provocation, and as in the day of temptation in the wilderness,

When your fathers tested me, proved me and saw my works.

Forty years long was I grieved with this generation and said,

"It is a people that do err in their hearts, for they have not known my ways,"

Unto whom I swore in my wrath that they should not enter into my rest.

During The Season of Easter (March 31 - May 19)

Alleluia. The Lord is risen indeed: Come let us adore him. Alleluia.

During The Season After Easter (May 20 - June 30)

The mercy of the Lord is everlasting: Come let us adore him.

The Psalms

Read the <u>Morning Psalms</u> for today in the Table of Psalms (page 15), and at the end of the Psalms pray...

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

(Morning Prayer cont.) The Readings

Read this morning's readings in the Table of Readings (beginning on page 12).

A Song of Praise - Magnificat, Luke 1:46-55

My soul doth magnify the Lord, *

and my spirit hath rejoiced in God my Savior.

For he hath regarded * the lowliness of his handmaiden.

For behold, from henceforth * all generations shall call me blessed.

For he that is mighty hath magnified me; *

and holy is his Name.

And his mercy is on them that fear him * throughout all generations.

He hath showed strength with his arm; *

he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat, *

and hath exalted the humble and meek.

He hath filled the hungry with good things; *

and the rich he hath sent empty away.

He remembering his mercy hath holpen his servant Israel; *

as he promised to our forefathers, Abraham and his seed, for ever.

The Prayers

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

(Morning Prayer cont.) Your Prayers

Take time now to bring your own personal prayers and petitions.

Morning Prayers for the days of the week

Sunday	O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. Amen.
Monday	O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.
Tuesday	O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. Amen.
Wednesday	Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.
Thursday	Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.
Friday	Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. Amen.
Saturday	Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. Amen.

(Morning Prayer cont.)

Prayer for the Mission of the Church

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.

Prayer of Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made.

We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Thanks be to God.

Conclusion

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen.* 2 Corinthians 13:14

Evening Prayer

Read...

Let my prayer be set forth in your sight as incense, the lifting up of my hands as the evening sacrifice. Psalm 141:2

or

I will bless the Lord who gives me counsel; my heart teaches me, night after night. I have set the Lord always before me; because he is at my right hand, I shall not fall. Psalm 16:7, 8

The Invitation

O gladsome Light, pure brightness of the everliving Father in heaven, O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun, and our eyes behold the evening light, we sing your praises, O God: Father, Son, and Holy Spirit.

You are worthy at all times to be praised by happy voices, O Son of God, O Giver of life, and to be glorified through all the worlds.

The Psalms

Read the <u>Evening Psalms</u> for today in the Table of Psalms (page 15), and at the end of the Psalms pray...

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

The Readings

Read this evening's readings in the Table of Readings (beginning on page 12).

(Evening Prayer cont.)

A Song of Praise - The Song of Simeon, Luke 2:29-32

LORD, now lettest thou thy servant depart in peace, * according to thy word.

For mine eyes have seen * thy salvation,

Which thou hast prepared * before the face of all people;

To be a light to lighten the Gentiles, *

and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, * and to the Holy Ghost.

As it was in the beginning, is now and ever shall be, * world without end. Amen.

The Prayers

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

Your Prayers

Take time now to bring your own personal prayers and petitions.

(Evening Prayer cont.)

Evening Prayers for the day of the week

Sunday	O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give, that both our hearts may be set to obey thy commandments, and also that by thee, we being defended from the fear of our enemies, may pass our time in rest and quietness, through the merits of Jesus Christ our Saviour. Amen.
Monday	Lighten our darkness, we beseech thee, O Lord, and by thy great mercy defend us from all perils and dangers of this night, for the love of thy only Son, our Saviour, Jesus Christ. Amen.
Tuesday	Be present, O merciful God, and protect us through the silent hours of this night, so that we who are wearied by the changes and chances of this fleeting world, may repose upto the eternal changelessness, through Jesus Christ our Lord. Amen.
Wednesday	Keep watch, dear Lord, with those who work, or watch, or weep this night, and give thine angels charge over those who sleep. Tend the sick Lord Christ, give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous, and all for thy love's sake. Amen.
Thursday	Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.
Friday	Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. Amen.
Saturday	Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. Amen.

(Evening Prayer Cont.)

Prayer for the Mission of the Church

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. Amen.

Prayer With the Church

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

Conclusion

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen. Romans* 15:13

Table of Readings

Day	Morning Prayer		Evening Prayer	
April 1	Leviticus 2	Proverbs 27	Luke 9:28-48	Romans 11:17-e
April 2	Leviticus 3	Proverbs 28	Luke 9:49-10:12	Romans 12
April 3	Leviticus 4	Proverbs 29	Luke 10:13-37	Romans 13
April 4	Leviticus 5	Proverbs 30	Luke 10:38-11:23	Romans 14
April 5	Leviticus 6	Proverbs 31	Luke 11:24-44	Romans 15:1-21
April 6	Leviticus 7	Ecclesiastes 1	Luke 11:45-12:12	Romans 15:22-16:7
April 7	Leviticus 8	Ecclesiastes 2	Luke 12:13-40	Romans 16:8-e
April 8	Leviticus 9	Ecclesiastes 3	Luke 12:41-e	Galatians 1
April 9	Leviticus 10	Ecclesiastes 4	Luke 13:1-21	Galatians 2
April 10	Leviticus 11	Ecclesiastes 5	Luke 13:22-14:6	Galatians 3:1-20
April 11	Leviticus 12	Ecclesiastes 6	Luke 14:7-24	Galatians 3:21-4:7
April 12	Leviticus 13	Ecclesiastes 7	Luke 14:25-15:10	Galatians 4:8-e
April 13	Leviticus 14	Ecclesiastes 8	Luke 15:11-e	Galatians 5
April 14	Leviticus 15	Ecclesiastes 9	Luke 16:1-18	Galatians 6
April 15	Leviticus 16	Ecclesiastes 10	Luke 16:19-17:10	Ephesians 1:1-14
April 16	Leviticus 17	Ecclesiastes 11	Luke 17:11-e	Ephesians 1:15-2:10
April 17	Leviticus 18	Ecclesiastes 12	Luke 18:1-17	Ephesians 2:11-e
April 18	Leviticus 19	Song of Solomon 1	Luke 18:18-e	Ephesians 3
April 19	Leviticus 20	Song of Solomon 2	Luke 19:1-27	Ephesians 4:1-24
April 20	Leviticus 21	Song of Solomon 3	Luke 19:28-e	Ephesians 4:25-5:15
April 21	Leviticus 22	Song of Solomon 4	Luke 20:1-19	Ephesians 5:16-6:4
April 22	Leviticus 23	Song of Solomon 5	Luke 20:20-e	Ephesians 6:5-e
April 23	Leviticus 24	Song of Solomon 6	Luke 21:1-33	Philippians 1:1-20
April 24	Leviticus 25	Song of Solomon 7	Luke 21:34-22:23	Philippians 1:21-2:11
April 25	Leviticus 26	Song of Solomon 8	Luke 22:24-53	Philippians 2:12-e
April 26	Leviticus 27	Isaiah 1	Luke 22:54-23:12	Philippians 3:1-4:2
April 27	Numbers 1	Isaiah 2	Luke 23:13-43	Philippians 4:3-e
April 28	Numbers 2	Isaiah 3	Luke 23:44-24:18	Colossians 1:1-20
April 29	Numbers 3	Isaiah 4-5	Luke 24:19-53	Colossians 1:21-2:7

Day	Morning Prayer		Evening Prayer	
April 30	Numbers 4	Isaiah 6-7	John 1:1-28	Colossians 2:8-e
May 1	Numbers 5	Isaiah 8	John 1:29-e	Colossians 3:1-17
May 2	Numbers 6	Isaiah 9	John 2	Colossians 3:18-4-e
Мау з	Numbers 7	Isaiah 10	John 3:1-21	Philemon 1
May 4	Numbers 8	Isaiah 11	John 3:22-e	Hebrews 1
May 5	Numbers 9	Isaiah 12	John 4:1-30	Hebrews 2
May 6	Numbers 10	Isaiah 13	John 4:31-e	Hebrews 3
May 7	Numbers 11	Isaiah 14	John 5:1-23	Hebrews 4:1-13
May 8	Numbers 12	Isaiah 15	John 5:24-e	Hebrews 4:14-5-e
May 9	Numbers 13	Isaiah 16	John 6:1-21	Hebrews 6
May 10	Numbers 14	Isaiah 17	John 6:22-40	Hebrews 7:1-19
May 11	Numbers 15	Isaiah 18	John 6:41-e	Hebrews 7:20-8:6
May 12	Numbers 16	Isaiah 19	John 7:1-31	Hebrews 8:7-9:7
May 13	Numbers 17	Isaiah 20	John 7:32-52	Hebrews 9:8-22
May 14	Numbers 18	Isaiah 21	John 7:53-8:24	Hebrews 9:23-10:10
May 15	Numbers 19	Isaiah 22	John 8:25-47	Hebrews 10:11-31
May 16	Numbers 20	Isaiah 23	John 8:48-9:12	Hebrews 10:32-11:7
May 17	Numbers 21	Isaiah 24	John 9:13-e	Hebrews 11:8-19
May 18	Numbers 22	Isaiah 25	John 10:1-21	Hebrews 11:20-e
May 19	Numbers 23	Isaiah 26	John 10:22-e	Hebrews 12:1-13
May 20	Numbers 24	Isaiah 27	John 11:1-31	Hebrews 12:14-e
May 21	Numbers 25	Isaiah 28	John 11:32-e	Hebrews 13:1-14
May 22	Numbers 26	Isaiah 29	John 12:1-19	Hebrews 13:15-e
May 23	Numbers 27	Isaiah 30	John 12:20-43	Titus 1
May 24	Numbers 28	Isaiah 31	John 12:44-13:20	Titus 2
May 25	Numbers 29	Isaiah 32	John 13:21-14:10	Titus 3
May 26	Numbers 30	Isaiah 33	John 14:11-e	1 Timothy 1
May 27	Numbers 31	Isaiah 34	John 15	1 Timothy 2
May 28	Numbers 32	Isaiah 35	John 16:1-28	1 Timothy 3
May 29	Numbers 33	Isaiah 36	John 16:29-17:19	1 Timothy 4
May 30	Numbers 34	Isaiah 37	John 17:20-18:11	1 Timothy 5

Day	Morning Prayer		Evening Prayer	
May 31	Numbers 35	Isaiah 38	John 18:12-27	1 Timothy 6
June 1	Numbers 36	Isaiah 39	John 18:28-19:11	2 Timothy 1
June 2	Deuteronomy 1	Isaiah 40	John 19:12-30	2 Timothy 2
June 3	Deuteronomy 2	Isaiah 41	John 19:31-20:10	2 Timothy 3
June 4	Deuteronomy 3	Isaiah 42	John 20:11-e	2 Timothy 4
June 5	Deuteronomy 4	Isaiah 43	John 21	1 John 1:1-2:12
June 6	Deuteronomy 5	Isaiah 44	Acts 1	1 John 2:13-e
June 7	Deuteronomy 6	Isaiah 45	Acts 2:1-21	1 John 3
June 8	Deuteronomy 7	Isaiah 46	Acts 2:22-e	1 John 4
June 9	Deuteronomy 8	Isaiah 47	Acts 3	1 John 5
June 10	Deuteronomy 9	Isaiah 48	Acts 4:1-22	2 John 1
June 11	Deuteronomy 10	Isaiah 49	Acts 4:23-5:11	3 John 1
June 12	Deuteronomy 11	Isaiah 50	Acts 5:12-40	Matthew 1
June 13	Deuteronomy 12	Isaiah 51	Acts 5:41-6-e	Matthew 2
June 14	Deuteronomy 13	Isaiah 52	Acts 7:1-22	Matthew 3:1-4:11
June 15	Deuteronomy 14	Isaiah 53	Acts 7:23-47	Matthew 4:12-5:12
June 16	Deuteronomy 15	Isaiah 54	Acts 7:48-8:13	Matthew 5:13-37
June 17	Deuteronomy 16	Isaiah 55	Acts 8:14-e	Matthew 5:38-6:15
June 18	Deuteronomy 17	Isaiah 56	Acts 9:1-25	Matthew 6:16-7:6
June 19	Deuteronomy 18	Isaiah 57	Acts 9:26-e	Matthew 7:7-8:4
June 20	Deuteronomy 19	Isaiah 58	Acts 10:1-23	Matthew 8:5-27
June 21	Deuteronomy 20	Isaiah 59	Acts 10:24-e	Matthew 8:28-9:13
June 22	Deuteronomy 21	Isaiah 60	Acts 11	Matthew 9:14-34
June 23	Deuteronomy 22	Isaiah 61	Acts 12	Matthew 9:35-10:23
June 24	Deuteronomy 23	Isaiah 62	Acts 13:1-22	Matthew 10:24-11:6
June 25	Deuteronomy 24	Isaiah 63	Acts 13:23-43	Matthew 11:7-e
June 26	Deuteronomy 25	Isaiah 64	Acts 13:44-14:7	Matthew 12:1-21
June 27	Deuteronomy 26	Isaiah 65	Acts 14:8-15:2	Matthew 12:22-42
June 28	Deuteronomy 27	Isaiah 66	Acts 15:3-21	Matthew 12:43-13:17
June 29	Deuteronomy 28	Jeremiah 1	Acts 15:22-16:5	Matthew 13:18-43

Table of Psalms

Day of the Month	Morning Prayer Psalms	Evening Prayer Psalms
1	1, 2, 3, 4, 5	6, 7, 8
2	9, 10, 11	12, 13, 14
3	15, 16, 17	18
4	19, 20, 21	22, 23
5	24, 25, 26	27, 28, 29
6	30, 31	32, 33, 34
7	35, 36	37
8	38, 39, 40	41, 42, 43
9	44, 45, 46	47, 48, 49
10	50, 51, 52	53, 54, 55
11	56, 57, 58	59, 60, 61
12	62, 63, 64	65, 66, 67
13	68	69, 70
14	71, 72	73, 74
15	75, 76, 77	78
16	79, 80, 81	82, 83, 84, 85
17	86, 87, 88	89
18	90, 91, 92	93, 94
19	95, 96, 97	98, 99, 100, 101
20	102, 103	104
21	105	106
22	107	108, 109
23	110, 111, 112, 113	114, 115
24	116, 117, 118	119:1-32
25	119:33-72	119:73-104
26	119:105-114	119:145-176
27	120, 121, 122, 123, 124, 125	126, 127, 128, 129, 130, 131
28	132, 133, 134, 135	136, 137, 138
29	139, 140	141, 142, 143
30	144, 145, 146	147, 148, 149, 150